

THE TEN COMMANDMENTS OF PREVENTION

1. **ACCEPT** the fact that **THERE ARE IMPENDING DANGERS**.
2. **CONSIDER** the fact that **DANGER CAN AND WILL HAPPEN TO YOU**.
3. **UNDERSTAND HOW DANGER STRIKES**.
4. Create the **DESIRE** to want to do something about it.
5. Have the **CONVICTION** to commence the studying.
6. Develop the **WILL POWER** to complete the studying to prevent it.
7. **KEEP-UP** with the studying.
8. Periodically **RE-EXAMINE** present as well as new dangers.
9. Make **CAUTION** the key to your endeavors.
10. **AVOID** unnecessary and or suspicious activities where danger lurks.

Taken from ED PARKER'S "Infinite Insights into Kenpo; 1 Mental Stimulation" published 1982

